

Treatment Menu





Our luxury facials are the perfect solution to enhance the beauty of your skin. Using the exquisite Thalgo range we offer a variety of treatments for all skin types using the Heart of the Ocean Rituals. The rituals encompass the vital force of the Oceans, concentrated at the heart of a carefully tailored treatment which meets the specific needs of every skin type. Our relaxing facial massage is available in three treatment rituals:

Source Marine

This facial lastingly corrects the hydration level of dehydrated skin, deeply replenishes and restores the skin's velvety-smooth feel and original radiance.

Treatment Time 60 Minutes €60

Purete Marine

Specifically designed for combination to oily skin, this treatment provides marine power to restore the beauty of healthy skin. Visibly reduces imperfections, redefines pores and controls shine.

Treatment Time 60 Minutes €60

Cold Cream Marine

A haven of peace for dry and sensitive skin, this treatment delivers the essence of the Cold Cream Marine recipe, a THALGO exclusive, to lastingly nourish, increase the skin tolerance threshold of delicate and fragile skin.

Treatment Time 60 Minutes €60

Taster Facial

Our taster facial is a skin boosting, quick pick me up. Catering for your specific skin type, this facial will provide you with a great introduction to the Thalgo skincare range. Treatment includes, a cleanse, exfoliation, mask, toning of the skin, followed by a skin specific moisturiser.

Treatment Time 30 Minutes €30

6 Treatment Facial Program.

Treating your skin to regular facials will yield longer term benefits to the condition of your skin. Sign up to our 6 treatment program and receive a complimentary treatment of your choice.



Merville Arctique

Inspired by the arctic oceans, Thalgo brings you Merville Arctique. This treatment combines the duality of relaxing warmth and invigorating cold therapy to awaken the senses and achieve the highest level of wellbeing. Begin your journey with a salt flake scrub rich in Boreal Algae, to purify the body leaving skin wonderfully soft and velvety. With our Arctic Massage oil, we combine ancient Nordic massage rituals with relaxing Ice Bubbles so you can experience a full body massage which creates a heat exchange on the skin's surface. The treatment results in intense relaxation, release of muscle tension, and an overall feeling of harmony.

Treatment Time 1.5hr €90



Deep Tissue Massage

Focused and intensive, our Deep Tissue massage is true to its name. Our Therapist will help soothe tired and tense muscles by working deep into the layers of tissues. This specialised massage improves circulation, breaks down areas of tension so you can leave feeling renewed.

Back Massage Treatment Time: 30 Minutes €30

Full Body - Treatment Time 60 Minutes €60

Extended Treatment to include Mini Facial - 75 Minutes €80

Holistic Swedish Massage

A combination of deep tissue massage, gentle touch and stroking movements to release tension, improve circulation and to relieve aches and pains. Our Therapist will massage you from top to toe leaving you in a relaxed and blissful state of calm. Using a unique blend of aromatic oils, you can indulge in the blissful scents whilst your skin is nourished.

Treatment Time 30 minutes €30

Full Body - Treatment Time 60 Minutes €60

Extended Treatment to include Mini Facial - 75 Minutes €80



Hot Stone Massage

Indulge in the ultimate relaxing massage to soothe away muscle aches and tension. Our volcanic stones are heated so our therapist can transfer the warmth of the stones throughout the hot stone ritual. Each stone is coated in a fragrant oil to gently moisturise and nourish your skin. This massage encourage circulation and increases lymphatic flow to help remove toxins. You will complete this treatment with an increased sense of relaxation and calm.

Back Massage Treatment Time 30 Minutes €30

Full Body Treatment Time 60 Minutes €60

Extended Treatment to include Mini Facial - 75 Minutes €80



Pampered Pregnancy Massage

Our pampered pregnancy massage is a top to toe treatment for mums to be. Relax in comfort with supported pillows whilst our therapist gently nourishes your skin with carefully selected massage oils. Our soothing massage will leave you feeling refreshed and relaxed and give you some me time to help you unwind.

Back Massage Treatment Time 30 Minutes €30

Full Body Treatment Time 60 Minutes €60

Extended Treatment to include Mini Facial - 75 Minutes €80

Classic Scalp Massage

Enjoy the benefits of our classic scalp massage as aromatic oils are used to condition your hair. This soothing ritual will ease tension in your neck, shoulders and scalp whilst you relax your mind as you drift away.

Treatment Time 30 Minutes €30

Extended Treatment to include Mini Facial - 45 Minutes €45



Invigorating Body Scrub

Our cleansing salt scrub begins with a dry body brush to gently exfoliate dead skin cells. Using the finest aromatic blend of massage oils your skin will be nourished ready for our fragrant salt scrub, after a hot shower to cleanse the salt, our body oils are applied from top to toe to leave your skin rejuvenated and silky smooth.

Treatment Time 45 Minutes €45

Hydrating Body Wrap

Our specialty body wrap treatment will cocoon you in conditioning body oils to hydrate the skin. Whilst the oils are doing their work, you can relax with a head, scalp and facial massage.

Treatment Time 45 Minutes €45



Luxury Manicure

Our luxury manicure is the ultimate treatment for hands and nails. Begin with a cleansing soak in an aromatic hand bath, followed by an exfoliation and a hand and arm massage to boost circulation and nourish the skin using a blend of aromatic oils. Our luxury treatment is completed with cuticle work and a file and polish.

Treatment Time 60 Minutes €55

Upgrade option to shellac polish - 75 Minutes €65

Mini Manicure

Our mini manicure treatment is a quick refresher for tired looking hands. Begin with a warm soak in our manicure bowls followed by a file, cuticle work and polish.

Treatment Time 30 Minutes €30

Luxury Lime and Ginger Pedicure

This treatment begins with a warm soak in our foot bath, followed by a lime and ginger foot scrub to exfoliate your feet. You will be wrapped in warm blankets for the remainder of the treatment whilst your therapist completes a foot massage, applies a foot mask and warm wrap followed by hydrating moisturiser, cuticle work, and a file and polish.

Treatment Time 60 Minutes €55

Upgrade option to shellac polish - 75 Minutes €65

Mini Pedicure

Our mini pedicure treatment is a quick refresher for tired looking feet. Begin with a warm soak in our foot bath followed by a file and polish.

Treatment Time 30 Minutes €30

Callus Peel

This treatment encompasses all the benefits of the luxury lime and ginger pedicure and also includes treatment of calluses to leave your feet feeling smoother and softer. Calluses are stubborn hard skin which need specialised treatment for removal

Treatment Time 75 Minutes €65

Upgrade option to shellac polish - 75 Minutes €75

Mummy and Me Princess Manicure

This Treatment offers your mini me a special experience to share with you. Your little one will feel pampered with a file and polish of their choice with some decorative artwork if they wish. (Treatments available for children aged 5-11 years)

Treatment Time 25 Minutes €10

N.B Parents must remain with their children during this treatment

Using the luxurious Semilac range, you can choose from a variety of colours to match your mood, outfit or personality. Add in some artwork to make your manicure really stand out.

- Semilac Regular File and Polish €10 (Hand and Toe Duo - €16)
- Semilac Regular French Manicure €12
- Semilac Shellac File and Polish - up to 2-week polish €20 (*Hand and Toe Duo - €35*)
- Semilac Shellac French Manicure – up to 2 week polish €22
- Shellac Removal €5

Add on art work - choose between water decals, rhinestones and hand painted designs to personalize your treatment.



Eye Lash and Brow Treatments

A patch test is required for all new clients for wax and tint treatments 24 hours in advance.

Waxing Ladies

- Brow Wax €7
- Eyelash Tint €7
- Eyebrow Tint €7
- Eyebrow Tint and Shape €12
- Eye Trio (Brow shape, lash and brow tint) €18





Revitalise Me Package

Our revitalise me package will leave you feeling cleansed and full of renewed energy. Choose from a luxury body scrub or wrap, followed by one of our Thalgo speciality facials with a choice of hand and arm or foot massage for maximum results.

Treatment Time 1hr 45 min €100

Ultimate Zen package

Our Zen package is designed with your well being in mind. Nurture your body and mind with a choice of our Full Body Deep Tissue Massage or Full Body Hot Stone Massage. Complete the treatment with one of our skin specific Thalgo facials and a classic head, neck and scalp massage.

Treatment Time 2 hours €115

Bride to be Package

For any bride to be, it is important to get ready for your special day. Our therapist will begin with a detoxing and stimulating dry body brush and body salt scrub followed by application of fragrant body oils to get your skin glowing. Complete this treatment with a skin specific Thalgo facial and a mini manicure for top to toe indulgence.

Treatment Time 1 hour 45 Minutes €95

Yummy Mummy Package

Our yummy mummy package is designed for mums on the go who need a break away and some well-deserved me time. This package offers you a skin specific Thalgo facial followed by our lime and ginger luxury pedicure. This includes a foot scrub, mask, massage and application of foot creams for feet that are on the go. Complete the treatment with a regular file and polish.

Treatment Time 1 hour 55 Minutes €100

Teen Pamper Package

This Treatment involves a special consultation and advice on skincare for teenagers. It is important to start a good skin care routine that you carry with you as you move into young adulthood and beyond. Following the consultation, which includes advice on skin care and how to care for your skin with a personalized prescribed routine. Your teen will indulge in our taster facial followed by Semilac file and polish.

Treatment Time 1 hour 25 minutes €70

N.B - This treatment is available to over 13's only with parental consent. Parents must remain in in Harmony House for the duration of the treatment but can relax in our chill out area with a herbal tea or juice whilst your teen is being pampered.

Offer of the Month

Every month we run a special offer on current treatments and one off specials. Keep an eye out on our web page and Facebook page for regular updates.

Who we are

Harmony House is nestled in the countryside and surrounded by nature making it a place where you can relax, unwind and re-emerge feeling refreshed. We are committed to providing a service that helps remove stress and tension and achieves a balance of health and wellness through a variety of treatments.

We have carefully selected a range of luxury products so all our treatments are of the highest quality. We use the exquisite brand 'Thalgo, La Beaute' Marine' for our facial and massage treatments. Thalgo's products contain over 50 marine active principles which have been carefully extracted and concentrated leaving a genuine concentrate of marine effectiveness. The range provides the ultimate sensory experience where our clients can indulge in pure luxury.

Our range of body treatments includes scrubs, wraps and specialized massages will leave your skin feeling silky smooth and the wonderful aroma's will leave you feeling cleansed from top to toe.

Contact Us

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